

BAPT conference 2009 - Detailed Programme

Day and Time	Parallel session	Parallel session
<p>Friday 15th May</p> <p><i>Friday pre-conference workshop</i></p> <p>10am - 4.30pm</p> <p><i>(including lunch)</i></p>	<p>Using the Enneagram with the Myers Briggs Type Indicator in Understanding Self and Others - Pat Wyman</p> <p>This workshop presents a new and unique model to facilitate personal growth incorporating the use of the Myers Briggs Type Indicator (MBTI®) and the Enneagram. By exploring the roles of different aspects of personality, participants can gain a better understanding of self and others. This understanding contributes to improved communication, increased contribution and better cooperation. Workshop participants will be given an overview of the model, a working understanding of the MBTI® and the Enneagram and an awareness of the roles of these two typing systems in personality structure.</p> <p><i>Pat Wyman is a psychotherapist who has been using this model with people for more than 15 years and has found it to be highly effective. She lives in Missouri, USA and holds workshops and lectures across the world. She holds a Master's degree in Education and Counselling and is also trained in imaging, hypnotherapy and Neuro-Linguistic Programming. Her book Three Keys to Self Understanding was published by CAPT in 2001.</i></p> <p>See separate pre-conference programme for more details</p>	
<p>6pm - 7pm</p> <p>7pm - 8.15pm</p>	<p style="text-align: center;">Conference registration</p> <p style="text-align: center;">Dinner</p>	
<p>8.30pm - 9.15pm</p>	<p>Pre-conference warm up session - Round and round the type table - Carol Parkes and Wynn Rees</p>	<p>Connecting and chilling (or warming!) in the bar</p>
<p>Saturday 16th May</p> <p>9.30am - 12.30pm</p> <p><i>(refreshment breaks included)</i></p>	<p>My relationship with my reported Type - Roy Childs</p> <p>The session will use draw on the work of Jung to help understand people's Type journey. Through the use of tools such as the Z model and Roy's own research, participants will understand that their Type journey is not about finding "My Letters" but instead "Discovering my many parts".</p>	<p>Who Am I?: Type and Constellations - Simon Loveday and John Whittington</p> <p>An experiential session on the constellations approach, with an application to clarifying the role of the four functions in your life and thereby (if appropriate) identifying your true type. We'll work with individual members of the group in turn to examine:</p> <ul style="list-style-type: none"> - the role of type in that person's life, and what each dimension means to them

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	<p>It will start with facts, speculate on reasons, analyse options and explore personal reactions to our own typology. Elements of the session will therefore involve explaining and exploring the mindset issue in completing questionnaires. It will draw out possible typologies based on people's autobiographical narratives and challenge them with their own TDI reported types.</p> <p>The aim of the session is for participants to go away with more questions than answers</p> <p><i>Roy Childs is a Business Psychologist who combines a clear practitioner focus with a background in psychometrics. He has worked with some of the best known authors of personality questionnaires including Ray Cattell (16PF) and Will Schutz (FIRO). With Team Focus he has developed a new range of instruments some of which are now used by the MOD after a competitive tendering process which included the market leaders in the UK. Roy has worked with Type since the 1980's, runs BPS recognised qualifying courses and works as a trainer, coach and facilitator. His publications include "the Psychometric Minefield" and "Emotional Intelligence and Leadership"</i></p>	<ul style="list-style-type: none"> - where their uncertainties or questions lie about their type identity - how they can gain a deeper insight and clarity into their situation and identity by using representatives from the group to 'constellate' the dimensions they are unsure of or want to understand better - looking at other forces in their life, perhaps inherited from their families of origin, which might be influencing the way their type manifests itself in their lives, and what special meanings it has for them <p>The approach would be based on the solutions-focused approach and philosophy of Bert Hellinger. Outcomes for the participants would be</p> <ul style="list-style-type: none"> - an introduction to a different but complementary way to look at human behaviour and potential - greater self-understanding and insight - the opportunity to view and experience each dimension in a fresh way - resolution of questions and uncertainties relating to type and identity - a fresh look at the whole question of 'true type' <p><i>Simon was a founder member of BAPT and former editor of Typeface. A separate but equally important strand in his work and his life is the constellations approach pioneered by Bert Hellinger. The opportunity of bringing the two together for a joint exploration at a BAPT event is too good to miss!</i></p> <p><i>John has been using constellations in his individual and team coaching since 2002 and started exploring the potential of working with a combination of constellations and MBTI in 2007. This has enabled his clients to gain deep insights into multiple challenges. John facilitates a constellations learning circle and supervision group for coaches - and public constellations workshops for personal and family issues in Central London.</i></p>
12.45pm - 2pm	Lunch	
2pm - 5pm <i>(refreshment breaks included)</i>	<p>Defined and Defended: The MBTI® and the Enneagram - Pat Wyman</p> <p>This workshop presents a new and unique model to facilitate personal growth by incorporating the use of the Myers Briggs Type Indicator® (MBTI®) and the Enneagram. Workshop participants will be given an overview of the model, a working understanding of the Enneagram and an awareness of the roles of these two typing systems in personality structure.</p>	

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	<p>The workshop will demonstrate the effectiveness of this model and the value of using the MBTI® instrument and the Enneagram in conjunction with each other to understand the discrepancies in MBTI® instrument scoring.</p> <p>Learning Objectives</p> <ul style="list-style-type: none"> • Participants will gain a basic understanding of the Enneagram • Participants will learn how the two typing systems (MBTI® and Enneagram) operate and interact in an individual • Participants will learn the reasons for internal conflicts and confusing or irrational behaviors • Participants will learn how the Enneagram accounts for inaccurate outcome on the MBTI® instrument <p>Learning Outcomes</p> <ul style="list-style-type: none"> • Participants will understand how and why there are two distinct personality types operational in each person • Participants will be able to understand the tension between the two typing systems • Participants will understand the effects of the Enneagram on MBTI® instrument scoring <p>Designed for those who have a good understanding of the MBTI®</p>	
<p>5.30pm -6.30pm</p> <p>6.30pm - 7 pm</p> <p>7pm</p>	<p style="text-align: center;">BAPT AGM</p> <p style="text-align: center;">Come and meet the BAPT Board at the bar</p> <p style="text-align: center;">Dinner</p>	
<p>Sunday 17th May</p> <p>9am -12pm</p>	<p>Three parallel sessions: Type, Teenagers and Parenting - David Hodgson How Step II MBTI can help with Type clarity - Gil Parsons, OPP Ltd How Emotional Intelligence affects type identification - Bill Davies, JCA Ltd</p>	
	<p>Type, Teenagers and Parenting - David Hodgson</p> <p>The session will cover the following areas:</p> <ul style="list-style-type: none"> • How can we best explore type with teenagers and large groups? • Which activities and games work best? • What do teenagers and their teachers and parents make of personality Type? • What approaches work best and how can you develop your own work in education? • What effect does our type have on parenting and being parented? 	

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	<ul style="list-style-type: none"> • What happens when Mum and Dad are different types? • Which types are over-represented in teaching and what effect does this have on children? • How can NLP help us develop our type? <p><i>David has been working with teenagers (and training professionals working with teenagers) to motivate and inspire people to be their best applying type theory and NLP principles packaged as 'The Buzz'. He works in schools across the UK and has introduced thousands of young people to type over the past 5 years.</i></p> <p>David uses type with teenagers to:</p> <ul style="list-style-type: none"> • help improve self awareness, confidence, career and course choice; • explore relationships with peers, parents and teachers; • develop behavioural flexibility so the best of all eight letters can be used effectively. <p>How Step II MBTI can help with Type clarity - Gil Parsons, OPP Ltd</p> <p>This session will show how Step II can be used to support and enhance Step I information on type preference. In particular the session will cover:</p> <ul style="list-style-type: none"> • What is step II and brief history, the facets • Ways in which Step II can help confirm type clarity (emphasizing that it is not a short cut or replacement for best fit) • Examples of where step II has provided insight for people in explaining their type. <p><i>Gil Parsons, a chartered occupational psychologist, has worked in both the public and private sector. She has extensive experience in all areas of leadership development including assessment and resulting interventions to ensure maximum performance both at team and individual level. Gil is an experienced user of psychometric instruments integrating the results to facilitate self-development, career guidance, team building, to enhance recruitment and assessment decisions and research.</i></p> <p>How Emotional Intelligence affects type identification - Bill Davies, JCA (Occupational Psychologists)Ltd - more details to follow shortly</p>	
12pm -1pm	Wrap up session : Panel Q&A exploration of type clarity	
1pm - 2pm	Lunch and departure	

Friday 15th May:

Pre- conference workshop - Pat Wyman, USA

Using the Enneagram with the Myers Briggs Type Indicator in Understanding Self and Others

This workshop presents a new and unique model to facilitate personal growth incorporating the use of the Myers Briggs Type Indicator (MBTI®) and the Enneagram. This model has been used by innumerable people for more than 15 years. It has been presented at countless workshops and conferences and found to be highly effective. By exploring the roles of different aspects of personality, participants can gain a better understanding of self and others. This understanding contributes to improved communication, increased contribution and better cooperation. Workshop participants will be given an overview of the model, a working understanding of the MBTI® and the Enneagram and an awareness of the roles of these two typing systems in personality structure.

Learning Methodology:

The workshop will be interactive lecture with experiential exercises.

Learning Objectives

- Participants will gain a basic understanding of the Enneagram
- Participants will learn how the two typing systems (MBTI® and Enneagram) operate and interact in an individual
- Participants will learn the reasons for internal conflicts and confusing or irrational behaviors

Learning Outcomes

- Participants will be able to experience the shifting between the two systems
- Most Participants will be able to determine their Enneagram type
- Participants will understand how and why there are two distinct personality types operational in each person
- Participants will be able to understand the mechanics of a triggering incident
- Participants will understand the major impediments to good communication

ONE-DAY WORKSHOP

Designed for those who have a good understanding of the MBTI®

1. Explanation of model
2. Explanation of Enneagram
 - Lecture with copious examples and applications
 - Group participation with shared experiences
3. Explanation of the role the Enneagram part of personality plays in communication problems and interpersonal relationships.