

# 21<sup>st</sup> Annual Conference of BAPT 2010 Conference Programme

Friday 5<sup>th</sup> March

## Pre-Conference Workshop

9.30am –  
5.00pm

### **Contextual Coaching: *Improving Performance through Developing Strengths* Susan Nash**

Much emphasis on performance management today is about developing strengths. While many tools are available to diagnose strengths (type being a key tool in assessing innate preferences), type models do not always show us *how* to develop strengths. Therefore much training and coaching activity continues to be on learning new skills or overcoming weaknesses. In this full-day session you will learn a model to help individuals develop their strengths, as well as learn new skills. We will review core coaching skills and then show how these can be integrated with the Berens Interaction Styles model to result in a more effective and targeted coaching conversation. The session will be highly interactive, using exercises, role plays and case studies. You will walk away with a performance development methodology to harness talents, and a greater understanding of how to adapt your coaching style to the performance level of the individual that you are coaching.

*Susan Nash is the British-born owner of EM-Power, Inc., and EM-Power (UK) Limited. She is an international expert in business applications of Type and Temperament and author of seven books. Her new book **Contextual Coaching** is planned for early 2010. She has worked with type and coaching both as an executive coach and a training provider for more than 18 years, and has introduced more than 20,000 people to best-fit personality type.*

[www.em-poweruk.com](http://www.em-poweruk.com)

For information about Susan's new book, 'Let's Split the Difference', see  
[http://www.em-poweruk.com/ourshop/prod\\_600072-Lets-Split-the-Difference.html](http://www.em-poweruk.com/ourshop/prod_600072-Lets-Split-the-Difference.html)

5.30pm –  
7.00pm

### **Conference Welcome**

### **The Personality of Wine Deborah Fleming from Chameleon Works**

Chameleon Works has developed the new Personality of Wine™ event which provides an opportunity to learn how to engage different MBTI Personality Types in ideas and communications using the fun platform of wine tasting. We are experts in wine and psychology using new and exciting wines to provide a varied and sensory learning experience.

Delegates attending the pre-conference workshop only are welcome to stay on for this fun and informative session.

<http://www.chameleon-works.com>

## BAPT 2010 CONFERENCE PROGRAMME

Saturday 6<sup>th</sup> March

9.00am

**Conference Welcome**

9.30am -  
12.15pm

**Keynote Speaker  
Susan Nash**

**Dating, Mating and Relating:  
*Improving Relationships by Applying Type Knowledge***

Divorce rates are rising: nearly half of all marriages end in divorce. Creating successful personal relationships represents an ongoing challenge for individuals in today's busy world. The premise of Dating, Mating and Relating is that we can use our knowledge of type and temperament as a framework for understanding how we view the world and how our partner might approach the same situations differently. By comprehending human differences, we can diagnose potential issues, depersonalize possible conflicts and identify strategies to communicate more effectively with each other. In this brief session, participants will learn about the three stages in relationships, and the characteristics of each. Participants will be introduced to the four temperaments and how each Love mate might approach relationships. Participants will learn techniques to communicate more effectively with the different temperaments in order to build a positive relationship.

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12.15pm-  
1.15pm

**Lunch**

|                 |  |   |
|-----------------|--|---|
| 1.15pm – 3.15pm | <p><b>Enriching Your Spiritual Practice: Ideas Inspired by Jung’s Life</b><br/> <b>Katherine W. Hirsh &amp; Elizabeth Hirsh</b></p> <p>In this interactive session we will introduce two methods inspired by Jung's life that we hope might make your spiritual practices more meaningful and their impact longer lasting. Spend two hours with us thinking about new ways to engage with psychological type and inject more creativity into your spiritual practice.<br/> <a href="http://www.hirshworks.com">http://www.hirshworks.com</a></p>   | <p><b>Who you are, what you do best, what matters most</b><br/> <b>Christine Rigden</b></p> <p>Are you or your clients interested in a review of where you are in your career? Those of us in BAPT have a thorough understanding of Type, and many have found it invaluable for some sense of direction in relation to careers and occupations. But there is more to finding the right niche than just knowing one's Type. In this session, Christine plans to explore a couple of other components to a search for the right work for a given individual, and how they complement Type. It will be a workshop format, with exercises and interaction from participants.<br/> <a href="http://www.insightsforchange.co.uk">http://www.insightsforchange.co.uk</a></p>   |
| 3.15pm          | <b>Coffee Break</b>  |   |
| 3.30pm – 5.15pm | <p><b>Open Space–Chaos &amp; Creativity</b><br/> <b>Wynn Rees</b></p> <p>The purpose of this paragraph is to tell you a little of the uncertainty I feel offering a session devoted to chaos, order and the creative process. Which is to say I can't say very much, other than the purpose of my offer to facilitate is to test a belief I have that at a conference the best outcome is conferring well about the central theme(s) of the conference's intent. This session is inspired by Owen Harrison's "Open Space Technology". Watch this space!<br/> <a href="http://www.wynnreesconsulting.com">http://www.wynnreesconsulting.com</a></p> | <p><b>The Shadows of Type</b><br/> <b>Angelina Bennet</b></p> <p>Jung believed that people could not really develop unless they had some awareness of their shadow side. He also believed that, as well as the 'dark' shadow containing our negative or undesirable characteristics; we have a 'light' shadow full of untapped potential. Certain aspects of Jung's work, and the idea of a light shadow in particular, greatly influenced the work of Roberto Assagioli, the founder of Psychosynthesis. In this session I will be introducing the idea of the light and dark shadow of type in relation to the Psychosynthesis model of the psyche and type in the context of ego development theory. The session will be largely theoretical and, time permitting, some time exploring some techniques that can be used to help an individual to access the potential in their light shadow.<br/> <a href="http://www.ipotential.co.uk">www.ipotential.co.uk</a></p> |
| 5.30pm-6.30pm   | <b>BAPT AGM</b>  |   |
| 6.30pm-         | <p><b>Meet the Board</b><br/> In the bar</p>   |   |
| 7.30pm          | <p><b>Conference Dinner</b> Including BAPT 21<sup>st</sup> Anniversary celebration</p>   |   |

## Sunday 7<sup>th</sup> March

9.00am –  
12.15pm

### **Keynote Speaker Dr Eve Delunas**

#### **Survival Games Personalities Play**

Each of the four temperaments is prone to displaying particular defensive reactions, or “survival games,” in times of extreme stress. Dr. Eve Delunas will identify the factors that are most likely to trigger survival-game-playing for each temperament and the typical behaviours associated with the games of Blackmail, Complain, Robot, and Masquerade. In addition, she will provide examples of interventions that are most likely to be effective in stopping each temperament from engaging in these self-defeating coping strategies.

*Dr. Eve Delunas has been using the temperament model for thirty years in her work as a psychotherapist, educator, and organizational trainer. She worked for over ten years with Dr. David Keirsey, co-author of Please Understand Me. Her book, Survival Games Personalities Play, describes her unique application of the temperament model in assessing and treating dysfunctional behaviour. Eve is known for her clear, dynamic and entertaining presentation style.*

<http://www.innervisionresources.com>

12.15pm  
– 1.15pm

### **Lunch**

1.15pm –  
3.30pm

### **Type, Healing & the Journey to Wholeness**

#### **Katherine & Elizabeth Hirsh**

Join Katherine and Elizabeth to share stories of healing and to engage in exercises designed to help you activate both the gifts of your Dominant Function as well as those less developed and less conscious aspects of the self in service of your journey to healing and wholeness.

<http://www.hirshworks.com>