



BAPT 27th annual conference

Re-energising Type

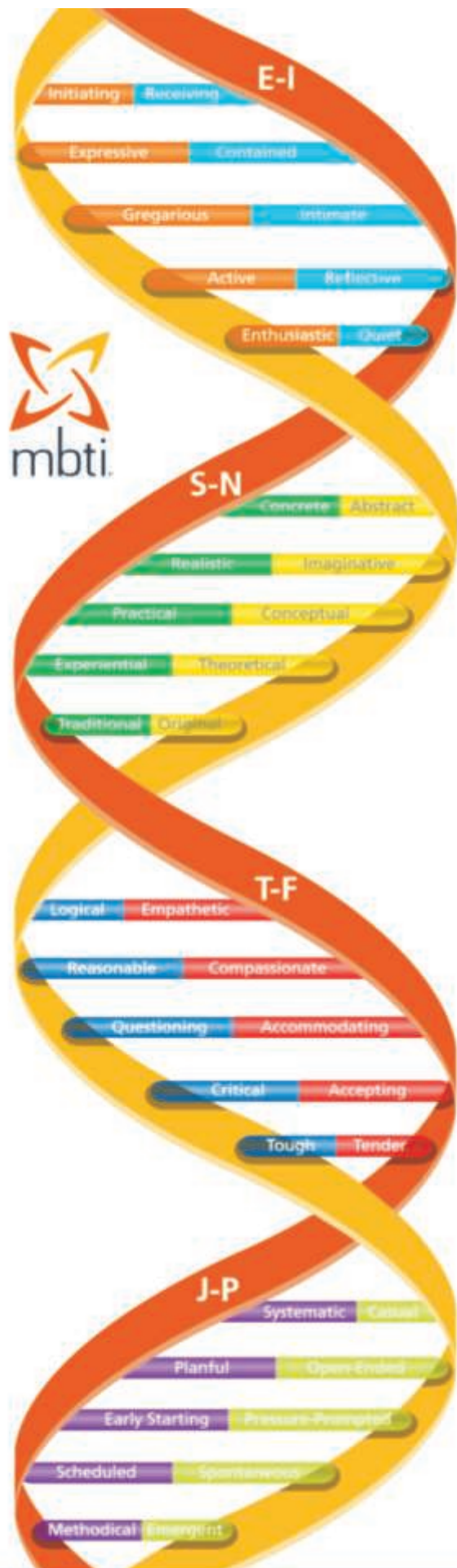
Powerful Perspectives for Life

7th—9th April, Missenden Abbey, Gt Missenden UK



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Re-energising Type

Powerful Perspectives for Life

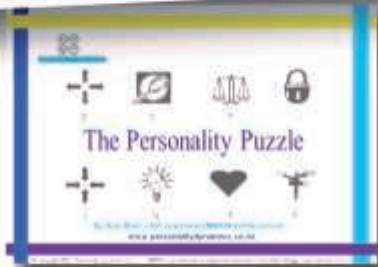
7th - 9th April 2016

Missenden Abbey, Gt Missenden, Bucks

Thursday 7 th April	Friday 8 th April	Saturday 9 th April
	9:00 – 10:30 <i>Re-Energizing the Brain at Midlife</i> Dario Nardi	9:00 – 10:30 <i>Re-Energizing Type by Recognizing the Transcendent Function</i> Roy Childs <i>Building Capacity in the Muslim Community through Values-Based Personal Development Programs</i> Dr Akber Mohamedali & Maria Pattinson <i>It's About Time: How Different Types Interact with Time</i> Markey Read
10:00 – 12:00 <i>Exploring Whole Type Patterns</i> Susan Nash for all levels of type experience FREE BONUS SESSION!	11:00 – 12:30 <i>Walk This Way!</i> Andy Cole <i>Recognizing Jung's 8 Functions in the Real World</i> Vicky Jo Varner & Robin Wiley <i>HeartMath</i> Sarah Perrott	11:00 – 12:30 <i>The Learning Puzzle</i> Sue Blair & Mary Anne Sutherland <i>Type & the Physics of the Universe</i> Richard Owen <i>The dark and light side of coaching</i> Bernard Cooke
12.00 – 13.00 Buffet Lunch	12.30 – 1.30 Lunch	12.30 – 1.30 Lunch
1:00 – 2:30 <i>How to make Type Sticky for SUCCESS</i> Jane Kise	1:30 – 2:30 <i>Building Working Alliances through Psychological Type</i> Przemyslaw Duchniewicz <i>Professional Leadership using Jungian Type</i> Drs Ignas Jansen & Ir. Erwin Joosten <i>Superhero Training School</i> David Hodgson	1:30 – 2:30 <i>Judging and Perceiving: so important and so misleading</i> Jean Luc Dupont <i>Principles of Parenting & Partnering</i> Ben Lowater <i>Measuring the Success of your Career Development Program</i> Sandra Stroepe
3:00 – 4:30 <i>Unpacking the Boxes: Moving Type Practitioners into a More Conscious Space</i> Katherine Hirsh <i>The Culture We Live in: What's Type Got to Do With it?</i> Don Dangremond <i>Using Temperament to Re-Energise</i> Anne Bulstrade & Susan Geary	3:00 – 4:30 <i>Emotional Intelligence for Life: The Interaction Styles Perspective</i> Catherine Stothart <i>Who are Artisans and Why Aren't they Here?</i> Mary Anne Sutherland <i>Using Image metaphors to Introduce type dynamics</i> Cindy Stengel Paris	2:45 – 3:45 <i>Re-energising Type Development for Ourselves and Our Clients</i> Angelina Bennet
5:00 – 6:30 <i>MBTI Step II: The Journey Continues</i> Penny Moyle & Betsy Kendall FREE STEP II interpretive report for all delegates	5:00 – 6:30 <i>Survival Games Personalities Play</i> Susan Nash & Sue Blair	3:45 – 4.00 Conference close
	6:45 – 7:30 AGM	
7:00 Drinks in bar then Dinner at 7:30	Dinner at 7:30	

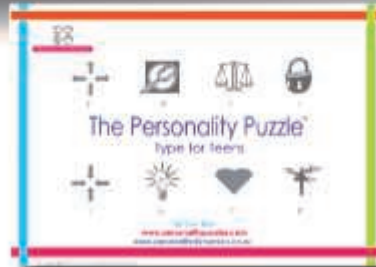
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"As an MBTI Master Practitioner I wouldn't leave without these cards in my brief case because they are very, very useful."

"Using personality type with teenagers is a wonderful way to help them learn how they function best, how they learn best, but also to learn how to advocate for themselves and adjust when things can't be the way they want them to be."



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PERSONALITY PUZZLES

Conference Sessions

THURSDAY 7th APRIL, 10:00 – 6:30

Susan Nash: [Exploring Whole Type Patterns](#)

Psychological type represents more than just the “four letter code” - the combination of the four preferences (E/I, S/N, T/F, J/P). In this BONUS session we will preview the “three lenses of type”. Several of the plenary and concurrent sessions will reference these models so this will provide valuable background information for those not familiar with this content.

Katherine Hirsh: [Unpacking the Boxes: Moving Type Practitioners into a More Conscious Space](#)

Katherine will introduce the Contextual Coaching framework to show how we can develop more expertise as type practitioners. For many of us, using type feels effortless, making it hard to reflect on why new practitioners are struggling to apply type concepts well. Even more difficult is helping them to see that they “don’t know what they don’t know” and persuading them to fill these knowledge gaps. We will work with Susan Nash’s enhancement of the Conscious Competence Ladder to explore how an Interaction Styles™ approach may help us to meet new learners where they are and coach them to new levels of performance, making our whole community more successful and perhaps even better respected.

Don Dangremond: [The Culture We Live in: What’s Type Got to Do With it](#)

Don will lead us through an exploration of the culture we live in and what has type got to do with it? Too many people know type only for its potential to individuals. But doesn’t type also play a major part in defining society, including recurring social problems? If you have wondered about that, then come and listen in. If you have some ideas, then come on in and share them. You will leave with an increased understanding of the impact of type on our lives and the larger community?

Anne Bulstrode & Susan Geary: [Using Temperament to Re-Energise](#)

Anne and Susan will explore how the application of temperament theory can be used to re-energise and revitalize your life. In the fast paced world that we live in today, it is easy to get ground down by the many competing priorities and responsibilities in our lives. This highly interactive session will give you the opportunity to determine how temperament theory, through the use of Personality Dimensions® can help you re-vitalize your life. We will use the temperament theory lens to help you understand your predominant temperament and clarify what de-energizes you. We will then examine how to bring vitality and renewal back into your life.

Penny Moyle & Betsy Kendall: [MBTI Step II: The Journey Continues](#)

This session will introduce the MBTI Step II assessment, including the opportunity for all conference delegates to receive their own MBTI Step II Interpretive Report, which includes valuable information about key areas of application: communication, change, conflict and decision making. For those who are already familiar with Step II, there will be an opportunity to learn about new tools and techniques for bringing the MBTI Step II to life such as a Team Type Profile.

FRIDAY 8th APRIL, 9:00 – 6:30

Dario Nardi: [Re-Energizing the Brain at Midlife](#)

Do you or those you know need a change? After a decade or two in a career, community or relationship, why do most of us feel an itch? Is it midlife? And what can we do about it? Brain research suggests people develop skills and habits throughout life, with our brain wiring linked to personality, upbringing, and career. This presentation touches on the value of “Slowing down”, “Shifting gears”, “Acknowledging the Unconscious”, “Making space”, and “Practicing habits” with specific activities linked to flow and competence with the 8 Jungian functions.

Andy Cole: [Walk this Way!](#)

Andy Cole will lead us through a fun and experiential journey about the lessons we can learn about type from the typical movements we make. We are all ‘personologists’ - we read meaning into the actions of other people all the time. Why wouldn’t we? It’s a basic social need to get along with each other and get ahead for ourselves. We also know how quickly bias can interfere with the way we interpret behaviour. We get stuck in the ways we think about and describe each other. We’ll tell ourselves we are being objective based on sound observable evidence. But we are just as likely to have made a big inference based on hardly anything. Maybe just the way someone walked or a gesture they made. It also seems that the way we describe behaviour follows a pattern. This pattern might just have a relationship to type. Want to find out how this works and ways to include movement analysis in your thinking and training? Come along and listen to the research story and join in with our field experiment!

Vicky Jo Varner & Robin Wiley: [Recognising Jung’s 8 Functions in the Real World](#)

Have you ever... – gotten exhausted from reading convoluted function descriptions? – felt like you were drowning in type words? – come across conflicting function definitions and felt confused? – had clients misunderstand what the 8 functions are? To address this need, Vicky Jo and Robin have developed a program entitled “Can You Spot It?” which incorporates many images and videos — it’s an audiovisual immersion into the 8 functions. In this session we’ll explain how it was developed and have you experience a portion of it. There will be plenty of opportunity to discuss experiences and learn from each other.

Conference Sessions

Sarah Perrott: [HeartMath](#)

Sarah will introduce tools and techniques for building personal resilience. You know what it feels like when you are in 'the zone' and know that you are performing to the highest level that you can? This workshop will help you to understand what happens when you are not in that place, but under pressure and reacting to circumstances. You will learn how to recognise this quickly and make different choices to bounce back to better functioning - fast.

Przemyslaw Duchniewicz: [Building Working Alliances through Psychological Type](#)

Przemyslaw will explore how to use the knowledge of psychological type to build more effective working alliances including the extent of responsibility for both parties, the extent to which the client or the coach/counselor sets direction and the duration of the working partnership. The following models will be incorporated into the discussion: Ego Adaptive Capacity, Anxiety as signal emotion, Patterns of defenses we put into operation to prevent being closer to others, Psychological types concept based on MBTI process approach in MD and Intensive Short Term Dynamic Psychotherapy practice, and Role of time in between sessions.

Drs. Ignas Jansen & Ir. Erwin Joosten: [“Feel the passion and fall in love again”: Professional leadership](#)

Ignas and Erwin will describe the “Implementation” program they run at the University of Applied Sciences of Arnhem/Nijmegen which teaches the students the theory and practice of ‘change management’ by doing. They would like to share experiences and lessons learned, both positive and negative, from introducing Jungian typology into the curriculum.

David Hodgson: [Superhero Training School](#)

David will share the results of his work with primary school children across the UK showing them how to apply personality type preferences to control and direct their energy, creativity, empathy, focus and learning. The results have been surprising and moving. By describing NLP's meta-programs and the big five personality traits, via Jung's model, as ten Super-Hero skills; that can be learned and collected by children, like Scout or Brownie badges, children (and adults) learn how to be their best.

Catherine Stothart: [Emotional Intelligence for Life: The Interaction Styles Perspective](#)

Being able to make choices about our behaviour – what we do, say, think and feel – is key for happiness in life. We know that EQ (emotional intelligence) is just as important as IQ. The interaction style lens is a practical model for understanding some of our unconscious behaviour and developing more emotionally intelligent choices about how to react. In this workshop Catherine will run an activity to explore how the interaction styles lens can help you to manage interactions with others in more socially intelligent ways.

Mary Anne Sutherland: [Who are Artisans and Why Aren't they Here ?](#)

Often at conferences, workshops or other type related events the four Artisan (SP) types are a little difficult to find. In this session Mary Anne Sutherland will help us experience the world of the Artisan through movie, fictional TV, reality TV, video, Ads or YouTube clips. Using type we are able to get a deeper understanding of where the Artisans are, how they are relating to those around them and how all that fun, spontaneity and love of freedom is adding to our communities. Only when we truly understand where our missing Artisans love to be, can we reach out to find and invite them to join this very important journey!!

Cindy Stengel Paris: [Using Image metaphors to Introduce Type Dynamics ?](#)

In this session, Cindy will guide us through a “How To” session for Type practitioners. It will address the dilemma that so often confounds practitioners – that is, how to introduce people who are new to Type to the deeper underpinnings of Jungian theory, but in a way that is both easy to deliver for the practitioner and simple for clients to understand. She has created a solution to this age old practitioner dilemma – Eight Jungian Function Image Metaphor Cards™. The visual impact of the Images, together with the text of the cards, helps participants to quickly see the importance of Type Dynamics without lengthy explanations.

Susan Nash & Sue Blair: [Survival Games Personalities Play](#)

Based on Survival Games Personalities Play by Eve Delunas, this session will explore the psychological games that may arise when a person's needs are not being met or they don't feel safe in a situation. The dysfunctional behaviour that results is related to their personality type and specific intervention strategies are needed to stop the games.

In this session we will look at what causes psychological games for different types and the various ways these games may manifest. We will also look at practical ways to intervene to end the game play while maintaining the relationship. There will be some presentation of theory and experience as well as two interactive group exercises. There will be an opportunity to share experiences, for those who wish to. This session is useful for anyone, but is particularly useful if you work in counselling, coaching, management, teaching or team building.

SATURDAY 9th APRIL, 9:00 – 4:00

Roy Childs: [Re-Energising Type by Recognising the Transcendent Function](#)

In Psychological Types, Jung describes five functions (not four) and it is the often-overlooked fifth function that leads them somewhere new. If one goes beyond the restrictions of one's type, and engages with the transcendent function, then this leads to greater maturity and a new energy or purpose in life. In this session Roy Childs will look at how to use type in a more Jungian style. It will use the map and compass of type to navigate between who you are, what you do, who you want to become, etc. It will also introduce Jung's transcendent function and show how to develop away from being 'a type' and towards becoming someone who is unique.

Conference Sessions

Dr Akber Mohamedali & Maria Pattinson: Building Capacity in the Muslim Community through Values-Based Personal Development Programs

This session will introduce you to the World Federation Leadership Development Programme, which is a values-based program that aims to achieve transformational development in individuals, through increasing their awareness of self, of others and of the political/social/spiritual organization that supports the community across the globe. Since 2013, Temperament and Interaction style has been employed as a way to increase understanding of self and value differences in others. This paper discusses the early findings that this new strategy is having on community development in the areas of volunteering and teaching in schools and Sunday school settings. The paper will also share the methodology that is being used to evaluate impact.

Markey Read: It's About Time: How Different Types Interact with Time

We all talk about the past and future, but different types start at distinct places in the timeline and attach unique significance to the past, present, and future. In this lively and interactive workshop, Markey will explore why some people are “always early” and others are “always late,” why some people seem to only talk about how “we did it in the past” and others want to “create a compelling vision for the future” before taking action. By identifying the type development patterns in how various types orient to time, we can demystify the triumphs and trials of professional development and access new ways to support individuals in identifying positions within organizations where they can truly be Heroic.

Mary Anne Sutherland & Sue Blair : Learning Puzzle

Maryann and Sue are both committed to use knowledge of type in enhancing learning effectiveness. This workshop explores the learning needs and teaching tips for each type preference as well as specific needs for different types when learning is challenged. Participants will experience learning strategies and gain an understanding for how different challenges effect learning and behaviour. This workshop is for all people who learn; for ourselves, for those we teach, and for our children & grandchildren.

Richard Owen: Type and the Physics of the Universe

Richard will explore why psychological functioning seems to be split into 8 functional components. Why do these parts focus on the specific areas of experience that they do? Is human psychology just an arbitrary product of evolution, or is there something more universal behind it? This talk draws together his own thoughts on this fascinating area, synthesised from studying classic and post Jungian models of Type (including the work of John Beebe) and the ground breaking theories of unified physics from Nassim Haramein and others.

Bernard Cooke: The dark and light side of coaching

Coaches using the MBTI will know its power in providing clients with invaluable insights on their authentic leadership or management style. But as well as helping to leverage unique strengths, coaches will also be confronted with the darker and perhaps dysfunctional aspects of their client's personality. Recognising this 'dark side' and having the courage to work with it, can help people gain more balanced and holistic insights. This session will explore techniques to achieve this, some deeply serious and some playfully provocative!

Jean Luc Dupont: Judging and Perceiving: So Important and So Misleading

Jean Luc will explore the widely misunderstood Judging and Perceiving Preferences. How often have you been confronted with participants in your workshops stating: “I hate to be late”, “I am always on time”, “I have to be organized” and yet sometimes some of these people have a Perceiving Preference. In this workshop we will go back to the basics: review what J and P really are and see which influences this preference can have on the way we tend to communicate, to manage conflicts. We will also review how the preferences for an internal or external orientation of the perceiving and judging functions influence the expression of our type.

Ben Lowater: Principles of Parenting and Partnering

In this workshop we will explore a range of 'traditional' and modern parenting techniques in common practice amongst the parenting community today. Participants will get the chance to analyse these techniques for 'type' bias. Participants will also get to see the Personality Parenting model of universal needs and core needs in children and use that knowledge to select the most appropriate parenting techniques for different situations. We will also look at how the principles of universal needs and core needs impact the relationship of parents with each other.

Sandra Stroope: Measuring the Success of your Career Development Program

How do you prove you are making an impact with your career development, coaching or training programs? What can you measure to prove you are making a difference? In this session Sandra will share her experience launching a career development program for a Fortune 500 company using the MBTI and other assessments and tips and techniques to measuring the overall success of a type-related program.

Angelina Bennet : Re-energising Type Development for Ourselves and Our Clients

Once we know our Type, what do we do with it? Many of us find out our Type and then find comfort in seeing how that Type explains our reactions, perceptions and certain behaviours. We may consider how we can adapt in certain situations and 'flex' our Type to help relate better to others. We may consider how our own Type impacts others. But where is the actual Type Development? In this session Angelina will guide us as we re-visit Jung's ideas about the development we can experience within our own Type as we progress through his stages of Differentiation and towards Individuation. In order to work well with others using Type, we need to keep re-visiting our own relationship with Type and re-energising our own Type Development journey.

Meet David Hodgson at the BAPT Conference 2016

David Hodgson is an author and trainer working with teachers and students across the UK and abroad. He brings personality type into education via his popular books (*The Buzz*, *Personality in the Classroom*, foreword by Jane Kise) and motivational workshops in schools, Universities and other organisations. He is passionate about type and sharing its power to inspire.

SUPERHERO TRAINING SCHOOL

David Hodgson



Hear David on FRIDAY 1.30-2.30 pm

This session provides a model for all type practitioners to re-energise type. Although originally intended for children the model has been welcomed and applied with alacrity by the adults who are introduced to it!

Books by David



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Profiles for Conference speakers



Susan Nash Born in the UK, Susan moved to the USA in 1987 and now divides her time between the US and UK. She applies type knowledge to businesses in a practical and relevant way, and trains people to be effective coaches and facilitators. Susan has written eight books, five of which are on personality type. She has five grandchildren and enjoys traveling.



Dr Jane Kise is the author of over 20 books, including *Intentional Leadership* and *Unleashing the Positive Power of Differences*, both of which are about polarity thinking. Kise is also a consultant, working around the world. She coaches executives to improve their effectiveness in leading others, and works with teams to improve communication, conflict resolution, and change capacity.



Katherine Hirsh D.Phil. is a principal of HirshWorks, a writing and management consultancy. She is co-author of several books on type including *The MBTI® Teambuilding Program: Leader's Resource Guide (3rd Edition)*. She has been using psychological type personally and professionally for over twenty-five years. Katherine's preferences are for INTP.



Don Dangremond is from Chicago, some call it "the toddling town". His understanding of humanity is greatly improved, he feels, having repeatedly returned to learn more of the psychology of type for over 30 years. He believes its insights are much broader and deeper than most know.



Anne Bulstrade is a senior learning consultant, international speaker, and bestselling co-author of "Colour Savvy: Helping you Achieve Success in Your Work Life", has 20+ years experience helping people reach their goals. In her private practice, she works with individuals and organizations. Her area of expertise is Interpersonal Communication and Management/Team Development.



Susan Geary has over twenty years experience as a consultant, trainer, and training manager. She is bestselling co-author of "Colour Savvy: Helping you Achieve Success in Your Work Life". Susan is a dynamic presenter and her passion is in facilitating workshops in Personality Dimensions®, communication, influence and leadership.



Penny Moyle is the CEO of OPP Ltd, the exclusive distributor of the Myers-Brigg Type Indicator in Europe. She has provided strategic business psychology services to all levels of management, and has been using MBTI Step I and II for over 20 years. Penny led the R&D team that translated MBTI Step II for Europe and the development of Personal and Team Typies.



Betsy Kendall is OPP's COO and Head of Professional Services, responsible for MBTI qualification and applications training across Europe, OPP's consultancy services, and its research and development function. Betsy was pivotal in establishing European versions of MBTI Step I and II instruments and more recently created OPP's Step I Typies and a series of light-hearted Type tables including "Type Tipples".



Dario Nardi, PhD, is a published author and a public lecturer, the chief of Radiance House, and teaches part-time at University of California at Los Angeles. He is known in Type circles for Type descriptions and his research into Type and neuroscience. In 'other lives' he is also known for game books, app design, and computer simulations, and loves traveling.



Andy Cole has 20 years of leadership experience as an HR professional. Now completing his MSc in Business Psychology at University of Worcester, Andy will share some research about ordinary personality and type - what we seem to be able to tell from the way people walk and how confidently we ascribe meaning to these characteristics in type terms.



Vicky Jo Varner MA (Depth Psychology) is currently pursuing her Ph.D. in Jungian and Archetypal Studies. An MBTI Master Practitioner, she is also a Professional Certified Coach with the ICF. She calls herself a Type Discovery Specialist, and loves coaching people to identify and develop their natural personality strengths.



Robin Wiley is a corporate trainer with a focus on technology, and an MBTI Master Practitioner. When not teaching technical topics, he runs team-building workshops for software development teams. He is also a Member of the Academy of Magical Arts and brings some magic to the classroom whenever he presents.

Profiles for Conference speakers



Sarah Perrott works as a transformational facilitator with leadership teams, and as a team coach and individual executive coach. She has been working with Type for 18 years and is passionate about enabling others to flourish. She is APECS accredited with an MSc in Coaching & Behavioural Change, FCIPD and BPS accredited, and a licensed HeartMath coach.



Przemyslaw Duchniewicz, MD, MBA, is an international speaker in the field of health promotion, responsible for corporate health education programs in Central Europe. He co-founded Mars Wellness, and is a partner in Forid, OPP's Polish training partner. He is current President of the European Mentoring and Coaching Council in Poland.



Dr Ignas Jansen (50 with a few years experience) studied Pedagogic, Art History and Sociology. He worked at schools for disabled children (age 12-20 years); within the social security system in the Netherlands as project manager of large scale (strategic) programs and nowadays as a professor at the University of Applied Sciences of Arnhem/Nijmegen (Netherlands).



Ir Erwin Joosten (almost 50) studied Agricultural Economics, Business & Management at Wageningen University and Research Centre. Nowadays he is a consultant/coach for healthcare professionals (care & cure) and professor at the University of Applied Sciences of Arnhem/Nijmegen (Netherlands).



David Hodgson is an author and trainer working with teachers and students across the UK and abroad. He brings personality type into education via his popular books (*The Buzz*, and *Personality in the Classroom*, foreword by Jane Kise) and workshops in schools, Universities and other organisations. He is passionate about type and sharing its power to inspire.



Catherine Stothart is a Leadership Coach and Team Facilitator working with United Utilities, Airbus, Audi and Cheshire high schools. Her background was HR/L&D at Ford Motor Company, Mercury Communications and ICL before expat assignments to Egypt and Brazil. She has over 20 years' experience of using personality type with groups and individuals.

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PERSONALITY PUZZLES

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Profiles for Conference speakers



Mary Anne Sutherland (ISFP) worked as an Instructor, Learning Strategist, Assistant Principal and Learning Diversity Advisor, for 32 years. She now consults for parents and education groups and occasionally for The National Sports School (Calgary). She spoke at the Brain Conference in 2004 and the APTi conference in 2005. Her MBTI Certification was in the 1980's.



Cynthia S Paris is the Founder and CEO of *The People Skills Group*, an MBTI® Master Practitioner, and a national leader in the interpretation and application of the MBTI® and Jungian Psychological Type. Cindy is one of 100 or so practitioners in the world certified to use the MBTI® Step III™ in individual coaching and type development.



Sue Blair is Director of Personality Dynamics Ltd, New Zealand. She is author of the Personality Puzzles, a trio of card sort resources which are used worldwide by Myers-Briggs® practitioners. She is an experienced presenter at APT conferences in NZ, Australia, Europe and the US and was keynote speaker at the APTi conference 2013 in Miami.



Roy Childs is Managing Director at Team Focus, and an Occupational Psychologist. He has worked in organisations at senior levels for more than 20 years and focuses on developing capability and building relationships. He is an assessments expert who has significant criticisms of traditional psychometrics and has developed new tools for exploring personality, motivation and how people think.



Akber Mohamedali is a General Medical Practitioner and has been involved with the Muslim Council of Britain in their Leadership Development Programmes for the past 12 years. He has been Treasurer for the Muslim Council of Britain, is active in London Citizen Organizers, and works within the World Federation in strategy, mentoring, coaching and developing facilitators.



Markey Read, president of Career Networks, Inc. in Vermont, has 20+ years' experience in coaching and training groups and individuals in sustainable Leadership Development programs, and Career & Employment strategies. The recently published *'Your Cast of Characters: A leadership Development Tool Kit'*, is a culmination of 15+ years of research and practical application of Type with leaders of all styles.



Richard Owen, Certified MBTI practitioner, BPS registered test user. Completing MSc in Organisational Psychology during winter 2015. Richard delivers *Who Am I Really?* personal development workshops and coaching, based around Type and the 8 Function / 8 archetype model. Originally from Newcastle upon Tyne, he now lives in London to further increase his work with both individuals and businesses.



Bernard Cooke is a Business and Coaching Psychologist who works mainly in the areas of executive coaching and leadership development. He uses the MBTI extensively, and has been helping his clients with their 'inner game' of leadership for over 15 years. He has contributed chapters to books on the use of the MBTI in coaching and is a qualified Coaching Supervisor.



Jean Luc Dupont is MBTI Step 1 and 2 certified. I have spent a lot of time and energy helping my clients understand the differences between their work or life habits and their true preferences. I use different approaches amongst which is the Action Type Approach linking cognitive and physical preferences.



Ben Lowater runs *Personality Parenting*, a company dedicated to training teachers and parents in the Power of Personality Type in the home and classroom. Ben originally trained in Temperament and Interaction Styles as Head of HR for a Government Department, training hundreds of leaders in Leadership Development programmes. He is dedicated to using Type in all environments of life.



Sandra Stroope has experience creating development solutions that align with business strategy and achieve results in a variety of industries at award winning, global and Fortune 500 companies. Sandra has presented CPP "Ask the Expert" webinars and published over a dozen works and a chapter in a book "Integrated Talent Management Scorecards". www.SandraStroope.com

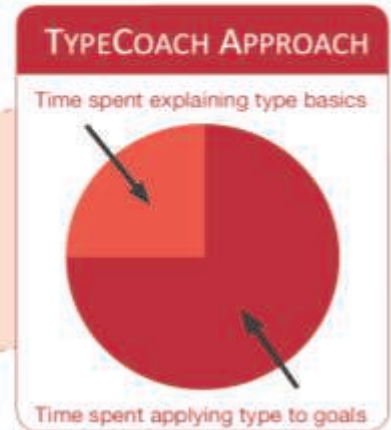


Dr Angelina Bennet is a Chartered Occupational Psychologist and specialises in developing individuals through personality work. She worked for OPP for several years, and continues as an Associate. She is the author of *'The Shadows of Type—Psychological Type Through Seven Levels of Development'*.

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