

BAPT MIDLANDS GROUP WORKSHOP

“DEPTH TYPOLOGY: AN INTRODUCTION – PART 2”

LED BY RICHARD OWEN (INTJ)

HELD ON TUESDAY, 10 APRIL, 2018

REPORT BY RUTH PICKLES (ENTJ)



Ruth Pickles (ENTJ) is a Methodist local preacher and past Vice-President of the Methodist Conference. She is a Myers-Briggs® practitioner and co-leads MBTI® workshops exploring Type and an understanding of its relationship with spirituality, team working and conflict. Ruth is co-convenor of the Annual Symposium of the Network for Psychological Faith and Christian Faith.

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Richard’s first session with the group in October 2017 had been intriguing, and he kindly made himself available to return in order to enable the group to explore his theory in more detail.

Firstly, Richard reminded us of the Wave-Particle duality (two aspects of everything in the universe) with the two worlds having different rules. It’s easier for us to understand the rules of particles (matter) than of waves (energy). These two worlds cannot be separated, with reality ultimately being a unified whole, yet necessarily expressing itself in dualistic terms. Richard explained that this philosophical standpoint can be described as 'Dialectical Monism'.

In relating this to personality type theory Richard draws on the work of John Beebe in developing his own model of Personality Parts™. He propounds the theory that the functional processes engage with different aspects of the world, and so the mind reflects the simultaneous nature of the wave-particle nature of reality. Sensing and Thinking, in both their introverted and extraverted forms, operate according to the rules and principles of material reality (particles), whilst iNtuition and Feeling operate according to the rules and principles of intangible energetic reality (waves, or, fields).

Richard then led us through a more detailed exploration of the archetypes related to each of

the eight functions, with their hierarchy of preference on each type, linking it to his model of Personality Parts™. Each archetype has a journey and affects the way we make choices in our behaviour. Richard links this thinking with that of transactional analysis: adult, parent and child ways of relating to each other. To this he adds the category ‘spouse’.

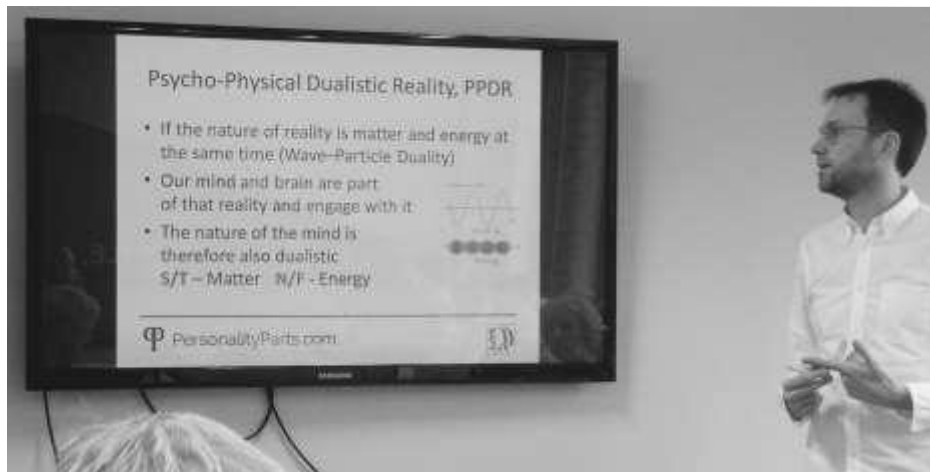
It was fascinating to explore how ‘good parent’ from our identified four preferences compared with ‘critical parent’ from our shadow part of the hierarchy of functions. The comparison with Jung’s work on the ‘shadow’ side of our personality type is worthy of further exploration.

Once again our brains (or possibly minds) were stretched as we encountered new ways of thinking about type; Richard’s style is engaging and encouraging and we had a most worthwhile time together.

Post script from www.personalityparts.com

Personality Parts™ is grounded in our everyday experience of subtly different but recognisable sub-personalities or Parts which all of us express across everyday situations.

We may recognise these Parts through internal exchanges or conflicts (part of me wants this, part of me wants that) or through our experience of family members and others we know very well (oh, they're being like THAT again!).



Personality Parts™ brings us a full spectrum of 64 Parts, which are potential ways for each of us to develop our minds.