

action types[®] Approach in the UK Basic Practitioner Course ATBC 1-2019

Mission

To develop your own natural resources and to value them in order to create a real capacity to reinforce your pleasure and performance in your context.

Target Group

This offer in the **English language** is designed for people from the following domains:

- Sports Coaches from all disciplines
- Human Resources Counselors & Consultants, Managers, Teachers of all levels
- Therapists, Physiotherapists, Sports Physicians.

Goals

With the action types Basic Practitioner Course (ATBC) you will be able to:

- ⇒ Recognize your natural preferences through the action types approach ATA
- Adapt your behaviour and communication style so as to come up to the other's expectations
- Act according to the relational context by developing your observation skills at reading the other's motor patterns
- ⇒ Benefit from a new and deeper understanding of the MBTI[©] dimensions based on the links between Jungian typology and motor skills/coordination patterns
- ⇒ Create a comprehension bridge between the motor skills aspects according to action types and the typology concepts according to C.G. Jung
- ⇒ Improve dramatically your diagnostic capacities
- ⇒ Use both a psychological functions' approach and a motor skills' approach in order to facilitate a problem-solving.

Contents

- ⇒ The action types approach, model and their methodology to determine a profile
- ⇒ The MBTI[©] model and the links to motor patterns, their significance for type development
- ⇒ The discovery process of your personal action types profile
- ⇒ How to make an action types diagnosis
- \Rightarrow Case studies and examples.

Pedagogy and didactic

The contents will be delivered using various active methods based on our individualized approach.



Course materials

- ⇒ Various documents allowing a deeper studying process
- ⇒ action types online resources
- ⇒ Community platform : MyActionTypes

Prospects for growth

- ⇒ Preparation of the Certified detec types Pro (CD Pro) specialization
- ⇒ action types Certified Practitioner (CP) or Certified Practitioner Pro (CP Pro).

Duration

3 + 3 days (2 modules of 3 days each, separated by one month allowing personal work)

Lecturers:

 Bertrand Théraulaz, co-founder with Ralph Hippolyte of the action types approach (and possibly other action types certified practitioners).

Course dates

Module 1: 15.-17 April 2019, from 09:30 am to 06:00 pm, Saturday at 5 pm Module 2: 13.-15 May 2019, from 09:30 am to 06:00 pm, Saturday at 5 pm

Rates

 \pounds 2'750.- Price includes courses, coffee breaks, lunches and course materials. Payment on a monthly basis is possible (see registration form for details).

Place of residence during the ATBC 1-2019

With extra costs, please contact directly Milton Keynes for accommodation details

Timbold Drive Kents Hill Park Milton Keynes Buckinghamshire MK7 6BZ https://www.kentshillpark.com/

Contact and information

ActionTypes Swiss Sàrl Route de Prêles 10, CH-2517 Diesse Switzerland +41(0)79 355 26 50 <u>contactactiontypes@gmail.com</u>

www.actiontypes.com https://myactiontypes.hivebrite.com