

100 Years of Type Annual BAPT Conference

15-18 April 2021 Online





Exploring Paradigms of Polarity in Type Theory - Mina Barimany

This session will begin with a presentation of empirical research on the various polarities embedded in Jung's theory followed by a critical inquiry of the research and discussion of results. Implications of the results on Type development will be highlighted.



Easiest Tips to Avoiding 100 Years of Type Objections - Sterling Bates

Common objections when people are introduced to type include comments like "Why can't I be both?" or "Don't put me in a box!" We will discuss how to deliver the key benefits of type to your clients before (or even without!) presenting the full four-letter type code.



Type Development and the Micro-memoir - Julie Benesh

Join us in reading and writing micro-memoirs that can facilitate personal transformation and type development. The facilitator has presented at four APTI conferences, worked with type since the 80s, and is a professor, OD practitioner, writer and creative writing teacher.



Do You Trust Me? - Angelina Bennet

The events of this past year have caused me to focus on the concept of Trust. How important is trust for individuals and for teams? How can we use Type to build trust? In this session the link between trust and performance will be explored in the context of recent changes in working practices.



The Transformational Power of Type for Today and Tomorrow - Linda Berens

Explore type's history and emerging future. Identify key practices and principles that will help type enthusiasts and practitioners use, teach, and apply type in ways that meet the needs of the emerging future. Find the transformational power of type in a chaotic world.



Invoking the Inferior Function - Sue Blair

Discover how to maximise the potential of your inferior function. What role does it play? What advice does it give? What questions should we ask? This session will reveal a new approach to this often much dismissed function.



Type and Physical Activity Preferences - Suzanne Brue

Does your type influence your exercise preferences? Research shows that individuals tend to enjoy and stay with exercise that aligns with their perceiving process. This session will describe the motivation, approach, environments, and interpersonal connections of each type.



The Evolution of Temperament - Anne Bulstrode & Susan Geary

Just as Type has evolved over the last 100 years so has Temperament. You will be taken on a journey through the evolution of Temperament looking at milestones along the way. Your journey will conclude by exploring the latest developments in Temperament and Wellness.



2021 BAPT Conference Session Descriptions



What 100 Years of Type Can Teach Us as Writers - Terri Connellan

As psychological type practitioners, we are also often writers. How can insights from 100 years of type help us grow as writers? Using frameworks from type, creativity and writing, we look at writing identity, strengths and growth opportunities to increase productivity.



We Have Just Got One Letter Difference – Should it be Easy? - Jean Luc Dupont

What happens when two persons have one letter difference in their type? Should the relationship be easy? Which mate is easier for an INFP? ENFP? ISFP? INTP? INFJ? Let's explore the different cases and find what richness / challenges each combination can bring!



Pitfalls and Pathways to Spiritual Growth for the Four Temperaments - Eve Delunas

Your temperament is one predictor of the kinds of tricks your ego may employ to derail you from a path of spiritual growth. Come learn about the various ego thought traps associated with each temperament and what you can do to avoid becoming ensnared by them.



100 Years of Type - and of Pandemics - John Hackston

2021 marks 100 years of type and just over 100 years since 'Spanish Flu'. We will use recent research into how type relates to reactions to COVID-19 to explore how the earlier pandemic influenced society and ideas around type, and how we can cope with the current pandemic.



At Play Among the Opposites: Archetypal Energies in Animus and Anima - Katherine Hirsh

Join me to engage in a reflective dialogue on how we can update Jung's archetypes of the persona, animus and the anima for our time and thereby harness their energy for our individual journey to wholeness.



How Are Happiness and Well-being Linked to Type? - David Hodgson

David will introduce seven key discoveries from the field of positive psychology. Break-out groups (divided by temperaments) will discuss the impact of type on these keys to happiness. Participants will be provided with a personal template for building happiness.



Lifetime of Type Development: What Leader Biographies Reveal - Cash Keahey

What is revealed about type development in the biographies of leaders--specifically certain U.S. Presidents? Is there a predictable order in which we come into greater awareness and use of the eight cognitive processes? If so, how does that inform my own type development?



Coaching Via Nature AND Nurture - Jane Kise & Ann Holm

Jung posed that our preferences for perception and judgment are innate. They're part of our nature. But we all know that people of each type show great diversity. Explore with us how Positive Intelligence, a "nurture' framework, enhances type-based coaching.



Type with Techies: Being Effective with Technical Clients - Carol Linden

In this session, you will learn: * the typical type spreads in different kinds of high-tech groups and how that affects working with them * how to engage them more fully and how not to turn them off * which teaching points from Type and Temperaments more apply to their typical issues.

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EQ and MBTI: Type is NOT destiny! - Laurie Lippin

All types can be leaders but not all types have emotional Intelligence competency. Explore the connection between EQ and MBTI. STEPII facets are useful behavioural guideposts for coaching leaders to greater excellence. Useful personally as well as professionally.



Type Development and Psychometrics Through the Years - Mark Majors

Introduction; Early years of type assessment and conversations with: Harold Grant, Otto Kroger, & Mary McCully; The Indicator and its progression: Forms J, F & G and my personal work with Forms M, Q and Step III; Majors PTI and PTE development as a continuation of Jung.



Be Careful What You Wish For: The MBTI on Social Media - Teresa Moon

This year I braved the shark-infested waters of social media — and survived! I found users are widely aware of their MBTI type, but are not using the knowledge in a way that Isabel could ever have imagined. Come and learn what I discovered, and discuss what it means for us.



Overcoming One-Sidedness - Dario Nardi

Jung's 'Psychological Types' focused on the problem of one-sidedness. We will explore his words of wisdom here, look at two brain-based type facets that reflect our developmental biases, learn a daily way to assess one-sidedness, and get pointers for regaining balance.



Physician Careers and the MBTI - Gerald Otis

This presentation offers an assortment of statistically significant findings relating Psychological Type (as measured by the MBTI) to various aspects of medical education, medical career choice and degree of satisfaction in different medical career niches.



100 Years of Misunderstanding: Type & Academia - Richard Owen

Richard explores some differences between type & trait views of personality, and how they contributed to widespread negativity from mainstream academic psychologists. We also consider whether misunderstandings by Jung & Myers-Briggs theory may have added to the confusion.



The Four Principles of Facilitating Psychological Type - Cindy Paris

This workshop identifies four principles from Jung's theory that can be easily incorporated into your introductory workshops - with a few nuanced tweaks and techniques - to help your clients grasp the true dynamic nature and power of Type system.



Ten Tactics for Type Development - Roger Pearman

Presentation of the ten tactics interspersed with small group chats on specific questions and tactics for illustrative personal stories. Data, examples, and small group chats will provide insights on the ten tactics.



Schiller's Ideas on the Type Problem - David Pool

Chapter II of Psychological Types lays a foundation for Jung's "critical psychology". This talk will facilitate an understanding of types by examining Schiller's ideas, which Jung credited as the first "to attempt a conscious differentiation of typical attitudes" in 1795.

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Tap Your Superpowers to Launch & Grow in Business - Markey Read

Come learn how to connect the inherent talents of your type to the success of your business by looking at marketing messaging, the kinds and styles of services to include, and what to watch for as you launch, grow, and prosper as a solopreneur.



Defusing Conflict with Interaction Styles - Catherine Stothart

Interaction Styles is a wonderful tool for communicating in an emotionally intelligent way. We will explore the core drives and beliefs of each Style - how these can lead to conflict and how to manage your emotions and adapt your behaviour to build connections with others.



The World We Live In: Reality of the 2000's - Maryanne Sutherland

One hundred years of type is significant in itself but the generation we live in also dramatically affects and influences how each personality adapts or not to the world we are currently living in. Are certain types more adapted to the 200's than others???



How BAPT Can Change the World - Rob Toomey

An interactive discussion to discover ways we can make the link between the knowledge within the type community and the hundreds of millions of curious amateurs who learn about their type online.



Leadership Development with El & Personality Type - Laura Virgilio

Explore how to incorporate personality type & emotional intelligence when developing leaders. Build a business case to use emotional intelligence in the workplace, see how these two tools can combine to paint a more vivid picture for yourself and others.



Process Work and Typology - Vicky Jo Varner & Robin Wiley

This experiential session will introduce you to ways in which Mindell's Process Work can be applied to typology.

