

# BAPT CONFERENCE 2004 PROGRAMME

**Keynote Speaker:** Larry Demarest, a training and organizational development consultant and a member of the faculties of the Center for Applications of Psychological Type (CAPT) and the APT Qualifying Program. He is author of the books 'Looking at Type in the Workplace' and 'Out of Time: How the 16 Types Manage Time', both available from CAPT.

# PRE CONFERENCE WORKSHOP: FRIDAY, 7TH MAY 10 am - Exploring Type, Time Management, and Work Style

Psychological type illuminates much of everyday life, including the world of work. In this programme we will explore some of the connections between type and time management and work style, including the ways in which people with various preferences:

- · handle the timing, specificity, and flexibility of planning
- involve others in their work (when, why, and how much)
- experience motivation
- use daily calendars, planners and organizers
- typically manage their time, get pulled off track, and get themselves back on.

#### CONFERENCE: FRIDAY EVENING, 7TH TO SUNDAY LUNCHTIME, 9TH MAY

#### FRIDAY, 7TH MAY

6 pm - Registration for Conference commences

Dinner - followed by:

#### Words and Images

- What is the difference between Introverted and Extraverted Sensing?
- What words best describe Introverted and Extraverted Intuition?
- What would Introverted and Extraverted Feeling look like as images?
- How would we best describe Introverted and Extraverted Thinking?

This evening will provide an opportunity for an active exploration of these differences - in both words and images.

## SATURDAY, 8TH MAY Sixteen Paths to Individual Change

#### **Larry Demarest**

Many people - professionals (such as trainers, coaches, teachers, consultants, clergy, career counsellors, therapists) as well as parents, friends, and spouses are involved with others during the process of individual change. Both research and experience indicate that people with different type preferences approach this process differently. In this session we will apply knowledge of type and individual change as we:

- examine approaches to change reported as helpful by each of the 16 types,
- see what works and what to avoid during change, and
- explore how our own type can be a factor when we work with others during change.

### Followed by BAPT AGM

# SUNDAY, 9TH MAY - OPTIONAL SESSIONS Option 1: Exploring Integrity - Peter Kenney

Peter Kenney is an Anglican Priest and a Counsellor with a longstanding interest in Psychological Type. He has a Masters Degree in Counselling with a thesis on the use of MBTI<sup>®</sup> in counselling and is currently studying for a Masters in Jungian and Post-Jungian Studies at Essex University.

Integrity is an elusive concept that is difficult to define and yet we know it when we see it in others or experience it in ourselves. Integrity has to do with living towards the wholeness that is the destiny of every human being. It is not just about truth-telling but also about living truthfully. From the perspective of Psychological Type an exploration of integrity is an invitation to engage with both the dominant and inferior functions of our type and the relationship or connection between them. In the session we will give expression to these functions through voice and drawing and explore the connections between them through meditation and active imagination.

# Option 2: MBTI®: is it time to move on? - Roy Childs

Roy Childs is a Business Psychologist who combines a clear practitioner focus with a background in psychometrics. He has worked with some of the best known authors of personality questionnaires including Ray Cattell (16PF) and Will Schutz (FIRO). With Team Focus he has developed a new range of instruments some of which are now used by the MOD after a competitive tendering process which included the market leaders in the UK. Roy has worked with Type since the 1980s, runs BPS recognised qualifying courses and works as a trainer, coach and facilitator. His publications include "The Psychometric Minefield" and "Emotional Intelligence and Leadership"

MBTI<sup>®</sup> gives you a type formula. How accurate is it? Can you describe the strengths and limitations of MBTI<sup>®</sup> as an indicator of Jungian Typology? What doesn't it do? Find out how new research illuminates the neglected elements of Jung's powerful model. This session will describe new developments and new research. It will extend and enrich how, as Type practitioners, you identify and explore type. You will get access to the new, online Type Dynamics Indicator (TDI) and you will be invited to take part in further research. This is for people who want to combine better, quicker, more effective identification of type with the opportunity to go deeper and to explore the concept of dominant and function orientation.

## Plenary Session - Bringing It All Together

We will share the main learning points from the Sunday morning sessions.

Evaluation and Close

#### **VENUE**

The Conference will be held, as in 2003, at BT's Yarnfield Park Training and Conference Centre, Stone, Staffordshire, as feedback from the delegates this year was favourable.

Further details available from the BAPT Office (EMail: conference@bapt.org.uk)