






















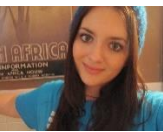


Presenters and Session Descriptions BAPT Conference 2023

	<p>Six Dynamics for Building Balance & Belonging with Type – Sterling Bates</p> <p>Get everything you need for underutilized dynamics in the world of psychological type, the 6 dynamics from Essential Motivators and Interaction Styles. Leverage them across best-fit, communication, workplace problems, delegation, Situational Leadership®, and relationships.</p> <p><i>Sterling’s combination of technology, mathematics, business, marketing, OD, and psychological types led him to found Step Research, a psychology software company. Previously at Disney for 13 years in IT and Marketing. On the APTi board for 4 years.</i></p>
 	<p>Type Journeys: From First Steps to Deep Dives - Angelina Bennet, Gareth English and Rob Toomey</p> <p>Angelina, Gareth and Rob share their insights about how to help people get practical value and development from Type discovery both at the start, and at the more advanced stages of their Type journeys.</p> <p><i>Dr Angelina Bennet and Gareth English, Chartered Occupational Psychologists from Type Pro Ltd, run Type qualifying courses for aspiring Type professionals, and introductory programs for people who are discovering Type. Presenting with Rob Toomey of Type Coach. (Photos: Angelina and Rob, see below for photo of Gareth).</i></p>
	<p>Type and the Balance and Belonging Connection - Linda Berens</p> <p>Three ways of 'being out of balance'—Can’t Be Me, Only Be Me, and Developing Me—get in the way of finding your best fit and being at our best. Explore how Essential Motivators can help us break through barriers to belonging and find balance in yourself and in relationships.</p> <p><i>Linda V. Berens, Ph.D. is an internationally recognized author, organizational consultant, and leading personality type theorist. Known as the type consultant’s consultant, she has over 30 years’ experience helping individuals, teams, and organizations reach their potential.</i></p>
	<p>Striking a Balance with T and F – Sue Blair</p> <p>One-sidedness! A common problem and one which must be addressed. This session will offer visual ways to explain the T and F functions, how to engage with both, what questions to ask and how to overcome the mess we make when, not if, things go wrong.</p> <p><i>Sue is an expert in the field of psychological type with over 20 years’ experience. She is an international presenter and keynote speaker and author of The Personality Puzzle coaching card resources, now used worldwide by coaches, counsellors, and therapists.</i></p>
	<p>Type in Jungian Shadow Work – Max Chegwyn</p> <p>This presentation will discuss how Type can form a useful basis for Shadow Work, helping clients to integrate deeper aspects of their unconscious. We will describe the common ways Type correlates to Shadow dynamics, and the unique ways each Type can integrate it.</p> <p><i>Max Chegwyn helps people affected by cults and high-control situations exit skilfully and reclaim their self-sovereignty using Type and Jungian Shadow Work. He can be found at makeitconscious.com, where he posts regular content about individuation and psychospiritual growth.</i></p>

	<p>Neurodiverse and Connected – Gareth English</p> <p>For decades Type has been used to bring people together and to understand differences. As awareness of Neurodiversity grows, what can we do to utilise our experience, insight and understanding to help all people to feel a sense of belonging in their work and beyond.</p> <p><i>Gareth is a psychologist who has been working with Type for more than 20 years. Gareth is co-founder of Type-Pro, and co-created the Type Superpowers with Angelina Bennet. He edited and contributed to The Power of Personality.</i></p>
	<p>Conflict Style and Type – John Hackston</p> <p>What are the pros and cons of conflict, how does it make you feel, and how does this relate to type? This interactive session draws on recent research to answer these questions and shows how type can be used alongside the Thomas-Kilmann (TKI) model of conflict.</p> <p><i>John is a Chartered Psychologist with over 30 years' experience helping clients use psychometric assessments. His research brings personality assessments, especially the MBTI, to life, helping practitioners and end users apply these insights both inside and outside work.</i></p>
	<p>Building Belonging by Being True to Your Values – Elizabeth and Katherine Hirsh</p> <p>Join us to explore the variety of factors that help different types experience a sense of belonging and community and brainstorm actions we can take to foster respect for diversity and bring our environment(s) into greater alignment with our guiding values and principles.</p> <p><i>Elizabeth and Katherine Hirsh are authors and facilitators who have been spreading the word about the magic of type to a worldwide audience for more than 30 years. Elizabeth prefers INFP and Katherine prefers INTP.</i></p>
	<p>Type Online: Breakthrough or Breakdown? - David Hodgson</p> <p>The omnipresence of type online has grown exponentially. David will review the best and worst examples of what's out there. He will propose ways in which we in the type community can harness the positive power of type in an ethical, rigorous and accessible way.</p> <p><i>David has worked in education and careers guidance for over 30 years. He has championed the use of personality type to help inspire and motivate teenagers and adults through his many books, courses, and conference contributions across the world.</i></p>
	<p>Shifting Strengths for Success in the Second Half of Life - Jane Kise & Ann Holm</p> <p>How can you--and those you coach and counsel--make the most of what Jung called the "afternoon of life"? In this session, we explore how the Judging function affects our ability to shift from the strengths and values that lead to early success to those that enrich later life.</p> <p><i>Jane Kise is a consultant and the author of over 25 books. She works with businesses and schools across the US and around the world, applying type to leadership development, collaboration, and instructional coaching.</i></p> <p><i>Ann Holm is a master practitioner, certified to administer all 3 levels of the MBTI. Her area of interest is uncovering and meshing the multiple influences that make us who we are. She has done original research to test her hunches. She enjoys typing historical characters to examine her own type biases and to observe how individuals develop over time.</i></p>

	<p>Balance & Belonging from Knowing Typological Blockages – Mark Majors</p> <p>Learn about blockages to natural Type expression and how identifying and relieving this condition may allow us to regain balance and improve our sense of belonging in life. The session will highlight tools that facilitate this process of understanding and growth.</p> <p><i>Dr Mark S. Majors has over 3 decades as a psychometrician; works include the 94 Strong, MBTI-M and Q (manual author), his own measures the Majors PTI, Elements, the OEM and Spiritual Gifts Inventory. Now a pastoral counsellor, author, and husband of Mary in the Ozarks Mts.</i></p>
	<p>Using Type to Create a More Inclusive and Diverse World – Joyce Meng</p> <p>In this session, I explain how you can create a more inclusive and diverse view of life using personality models.</p> <p><i>Joyce Meng is a certified MBTI® Master Practitioner, Enneagram Coach, Jungian Typology Expert, Master NLP Practitioner and Gallup® CliftonStrengths Coach.</i></p>
 	<p>Type is your Preferred Way not your Only Way - Elizabeth Murphy and Maria Sedmak</p> <p>We use original art and original literature for youth to model the expression of type preferences and the balance of using both sides of a function pair. Through literature and art, the theory and value of differences is conveyed.</p> <p><i>Elizabeth is a writer, psychologist, researcher, and trainer in Type constructs. She presents to teachers, families, and teams regarding ways to implement type awareness and use in their common settings.</i></p> <p><i>Maria is a theologian, mother of 3 children, life counsellor based on V. Frankl's Logotherapy, Austrian citizen living in United States. Currently working as an artist interpreting visually fairy tales, biblical stories, dreams and Jungian type theory (focus on overcoming one sidedness).</i></p>
	<p>Nelson Mandela and the Rainbow Nation – Steve Myers</p> <p>This session will show how Nelson Mandela was a living example of the fifth function of psychological type – the transcendent function – and how it helped pull South Africa back from the brink of war to create a new, unique, and united South Africa - the rainbow nation.</p> <p><i>Steve Myers is a Visiting Fellow at the University of Essex. He has a Masters in Jungian and post-Jungian Studies, and a doctorate in a Jungian topic. He is author of Myers-Briggs Typology vs Jungian Individuation, published by Routledge</i></p>
	<p>Breaking through Virtually with Type - Dario Nardi</p> <p>We look at working examples of virtual spaces for using and learning type. These include clarifying one's type, practise at typing others (profiling), and coaching with type. We also cover the lessons learned from crafting and testing these spaces.</p> <p><i>Dario Nardi, Ph.D. focuses on neuroscience, personality, games, and body-mind practices. His books include Neuroscience of Personality, Jung on Yoga, and The Magic Diamond. He uses EEG for brain-imaging and created the CPA, a validated assessment of the 8 Jungian functions.</i></p>
	<p>Exploring Type to Balance Tensions and Talents – Susan Nash</p> <p>In this unique session, you will have a chance to explore in-depth your individual type pattern through the lens of Temperament, Interaction Style, and Cognitive processes to understand which elements might align as strengths and which might cause internal tension.</p>

	<p><i>Susan Nash is owner of EM-Power, Inc., founder of the Type Academy, and author of over 11 books, nine on Whole Type. In addition, she is a global speaker on psychological type and its applications in improving self-understanding, communication, leadership, and facilitation</i></p>
 	<p>Arche(Type): The Meeting of Nurture and Nature - Yvonne Nelson-Reid and Kesstan Blandin</p> <p>Arche(Type) weaves our archetypal narratives, as captured by the PMAI assessment, with our MBTI type, investigating how the stories we live impact, influence, and support the evolution of our personality through type dynamics. In this lecture we present results from our research.</p> <p><i>Yvonne Nelson-Reid, PhD, is a depth psychologist and Senior Associate of research and development at CAPT®. Yvonne oversees all development and training for the Murphy-Meisgeier Type Indicator for Children® instrument and is Editor for People Stripes.</i></p> <p><i>Kesstan Blandin, PhD, is a depth psychologist and VP of research and development at the Center for Applications of Psychological Type® (CAPT®). Kesstan oversees research and development for CAPT's four Jungian assessments and is Editor for StoryWell®, home of the Pearson-Marr Archetype Indicator® (PMAI®) assessment.</i></p>
	<p>Balancing the Inner Family of Parts - Richard Owen</p> <p>A historical overview of the concept of sub-personalities, or parts. We consider the metaphor of the inner family, where the relationships between the members are crucial to the balance of the whole and the sense of belonging that each one has.</p> <p><i>BAPT Treasurer Richard Owen is an organisational psychologist and coach based in Brighton, UK. A broad theorist of Type: from Jung to MBTI®, to the depth typology of Dr John Beebe. Richard's Personality Parts™ model aims to uniquely integrate these & many other perspectives.</i></p>
	<p>8 Essential Questions – Markey Read</p> <p>Create more effective and inclusive decision-making processes by incorporating these 8 Essential Questions, based on core needs of the 8 functions. Shift from competing needs to complementary needs and build trust in the process. Markey will also update the Z-Model!</p> <p><i>Markey is President of MRG, Inc. in Vermont and has nearly 30 years' experience in coaching and training groups and individuals in developing and implementing sustainable Leadership Development programs.</i></p>
	<p>Constitution, Consciousness & Choosing Balance – J Lynne Stewart</p> <p>Our constitution is unique. The choices that we intuitively make day-to-day can have us thrive or survive. How do we begin to understand our unique constitution and how to find balance throughout our day and our lives.</p> <p><i>A graduate of Psychology and an MBA in Finance and Strategy, I have spent my career empowering females, creating frameworks that enhance progression in learning and leadership within business organizations. I have studied Ayurveda, Constitution and Balance for 20+ yrs.</i></p>
	<p>Personality Type and Vulnerability – Susan Storm</p> <p>In this session, I look at how each of the 16 personality types experiences vulnerability. We will explore situations that can unsettle each personality type and make them feel incompetent. We will look for ways to embrace vulnerability without getting overwhelmed.</p> <p><i>I am the founder of Psychology Junkie. As an MBTI® certified practitioner and Enneagram coach, I use my website to bring people practical and fun ways to explore their type preferences and experience more balance in their lives as a result.</i></p>



Life: A Balancing Act: How to Motivate Yourself with Temperament - Catherine Stothart

We share core psychological needs that motivate our behaviour – needs to be competent, to have freedom, to belong, and to fulfil our potential. We will explore what happens for people of each temperament when these needs get out of balance, leading to stress and dysfunction; and what works for each temperament to bring balance and fulfilment back to our lives.

Catherine is a Leadership Coach with Airbus, and a partner in Google’s Mastery Faculty of virtual facilitators. She has written two business books based on type – How to Get on with Anyone (based on Interaction Styles) and Motivation: The Ultimate Guide to Leading Your Team (based on Temperament).



Typological Aspects of the Drama Triangle - Vicky Jo Varner

The Drama Triangle maps people in conflict with the roles of persecutors, victims, and rescuers. This experiential session invites attendees to produce a creative representation of their conflict role(s), identifies remedies, and maps typological preferences to these roles.

As an individuation coach, certified PCC by the International Coach Federation, Dr. Varner coaches individuals to identify and develop their natural typological strengths. She has a PhD in Depth Psychology (Jungian and Archetypal) and wrote her dissertation on typology.



Bridging Type Generations: What each Generation Needs to Steward Type into the Future –

Joel Mark Witt and Antonia Dodge

In this session we define the three primary generations right now and talk about what each one needs from the others in order to further the understanding and application of type while preserving the ethics and legacy that has come before.

Joel Mark Witt & Antonia Dodge are podcasters, entrepreneurs, & coaches who have consulted with Zappos, Abbott, Oracle, American Express, and CNN. Their Profiler Training Course has taught hundreds of students to use conversation to arrive at a best-fit type for clients.



Fostering Group Belonging with Type-Informed Facilitation – Elena Wolf

Belonging in a group can be encouraged with type-inclusive language. A facilitator can hold people of different types together by creating space for a variety of cognitive functions and types. I will discuss inclusion principles with applied use examples from a case study.

Elena Wolf is a type alignment mentor and relationship coach. She holds a B.A. from the University of Texas (2005). She has spent the past 8 years immersed in type theory and application, and the last 3 helping clients use type to find more energy, flow, and self-acceptance.



Virtual Networking – Nathan Wong

The intention for these events is to help us forge new connections and deeper friendships within the BAPT community. There will be a range of breakout rooms to choose from - some for networking, and some that will invite us to “dig” a little into our life’s journeys.

Nathan runs Our Human Experiences, a group that promotes authenticity, belonging, and navigating life's paradoxes with the help of the functions. He creates and facilitates a variety of events, including speed friending, wellness firesides, trivia nights, and goal-getting sessions.