Presenters and Sessions BAPT Conference 2024



Seeing the Garden: Psychological Type and EMDR – Mina Barimany

The intersection of type and EMDR (Eye Movement Desensitization and Reprocessing) offers vast potential for improving outcomes in counselling and human development. A description of type-informed EMDR and a case study will be presented to illustrate the power of integrating this evidence-based treatment with Jung's theory.

Mina Barimany is a therapist, counsellor educator, and researcher from Washington, D.C. where she runs a private practice focused on clinical work with clients and counsellor education. Her research centres on the intersections of clinical mental health and psychological type.



Holding On and Letting Go! Why is this a problem??? - Sue Blair

We balance ourselves by using one function with an extraverted attitude and one function with an introverted attitude...or so the theory goes. But what are the implications of this cognitive pattern? Why do we hold on to some things and express others? Let's find out!

Sue Blair is an expert in the field of psychological type, a presenter and keynote speaker both in NZ and internationally, as well as 20 years experience as an MBTI practitioner and adult educator. She is the author of The Personality Puzzles Coaching Card resources.



KEYNOTE: Let's Talk About It: Beware false prophets - 10 myths used to berate Type - Roy Childs

I will describe 10 most popular myths used to berate Type Theory These will include the labels become libels slur, the lack of evidence for dichotomies, the inadequacy of psychometric reliability, how positive reports are not horoscopes and why the Big Five is no substitute.

Dr. Roy Childs, Founder member of the Myers Briggs User Group (now BAPT) and a facilitator, coach, trainer, researcher and author. He has worked with giants in personality psychometrics Cattell & Schutz and has developed psychometrics for the 21C notably Type Mapping.



A Convincing Ground: People and Communication in the Australian Referendum - Peter Geyer



This session examines the interactions between people and communication during the 2023 Australian Referendum on an Indigenous Voice to Parliament. Core themes are thinking and feeling, and the conscious and unconscious - collective and otherwise. Peter will present contextual information – politics, history, culture – interpreted through these themes.

Peter has been using type for 35 years, with both MBTI and Majors accreditations. He is a Type conference presenter and contributor to type publications since 1993. AusAPT Life Member; APTI Lifetime Member; Custodian of the AusAPT Type Research and Practice Collection since 2018.



KEYNOTE: Let's Talk About it: Climate change and type - What's the link and does it matter? - John Hackston

This research-based interactive session explores how type and other factors relate to individual and organizational green behaviour and beliefs. You'll evaluate how sustainably you and your organization operate, and practise using type to communicate green issues.

A Chartered Psychologist, John has been a MBTI practitioner since 1997. As Head of Thought Leadership at The Myers-Briggs Company, he works to bring personality, particularly the MBTI® framework, to life, helping clients apply these insights both inside and outside work.



Relationships & Type: Caring, Conflict, & Meaning – Elizabeth and Katherine Hirsh

Explore how psychological type can help clarify and make conscious the motivations that surround how we like to give and receive care, how we define and approach conflict, as well as how we can derive meaning from our connections and disconnections with others.

Katherine W. Hirsh, DPhil and Elizabeth Hirsh, MS have been using psychological type in coaching, management consulting, counselling, education, and personal, professional and faculty development for over thirty years. Katherine prefers INTP and Elizabeth prefers INFP.



How to play with Type - Ignas Jansen

A practice-based example of how to use Type with a group of Masters students. Ignas will describe how he has introduced type for these groups within the curricula of the healthcare Masters' courses at the University of Applied Sciences of Arnhem and Nijmegen, how they discover their best-fit and how they learn to apply type within study and at work.

Dr Ignas Jansen (now retired) is a former Professor (organisation and change) Sociology at the University of Applied Sciences of Arnhem/Nijmegen (Netherlands).



The Influence of Jungian Types on Team Resilience - Brian Lawrence

Ever wondered how personality types influence team resilience? Join us for an insightful discussion on how different Jungian Personality Types navigate resilience within teams. From the strategic INTJ to the empathetic INFJ, each type brings a unique approach to resilience.

Brian has worked internationally in the educational, corporate, and diplomatic sectors for over 20 years. He was Principal Consultant for the Myers Briggs Company in Singapore and New Zealand and is a regular speaker at International Type Conferences.



Making and Keeping Type Part of the Conversation – Sharon Lovoy

Sharon will present and share a playbook filled with practical ways to be even more strategic in making Type a part of your own clients' solutions, to recognize why actions you are already taking are working, and to be a partner in helping your clients reach their potential.

Experienced HR consultant, Executive Coach. Successfully made Type a part of clients' cultures. Works with 400+ clients in industry, health, higher ed, utilities, associations, nonprofits, government, high tech, etc. Clients include Mercedes Benz USI, Brose, Motion Industries.



An attitude-based approach to Emotional Intelligence – Jo Maddocks

Jo will discuss: How EI helps us to meet our human emotional needs; The benefits of an attitude-based approach to EI; The links between an attitude-based model of EI and Type; Practical applications of core EI attitudes to Type development.

Dr Jo Maddocks has over 30 years' experience in organisational consulting, training, and research. He was the Chief Psychologist for developmental products at Talogy, co-founder of JCA (1993), and author of the Emotional Intelligence Profile (EIP).



Conversations with Children: More than Logistics - Elizabeth Murphy

Conversations among family members builds positive relationships or creates tension that may not be bridged. Exploring the best ways to converse based on type preferences provides valuable tools for improving family dynamics.

Author. Trainer. Psychologist. Master Practitioner MBTI. Researcher. Elizabeth's energy is dedicated to helping others use type concepts with children and families in order to promote the healthy development of each person. I wrote a series of children's stories to model type use.



Can Jung's solution to the type problem save humanity? - Steve Myers

The Fermi paradox implies technology and conflict may present an existential threat to humanity. Jung's solution in CW6 will be compared with an Encyclopaedic model that leads to destruction. The role of type practitioners in promoting Jung's solution will be discussed.

Steve has a Jungian MA and PhD, is author of 'Myers-Briggs Typology vs Jungian Individuation: Overcoming One-Sidedness in Self and Society', and is writing 'A Jungian Solution to Political Polarisation: Antagonistic Worlds and the Transcendent Function' (both Routledge).



KEYNOTE: Let's Talk About it: Type and I: The Future is Now - Dario Nardi

Are we ready for the AI revolution? AI aids like ChatGPT 4 can define and give ideas, generate personalized type materials and action plans, engage in coaching and profiling, analyze tons of interview data, and more. We'll look at examples, pitfalls, and tips for best use.

Dario Nardi, Ph.D. focuses on neuroscience, personality, games, and body-mind practices. His books include Neuroscience of Personality, Jung on Yoga, and many other titles. Since 2006, he has conducted hands-on EEG brain research. For more: www.RadianceHouse.com



KEYNOTE: Let's Talk About it: How to identify best-fit type in a global society – Susan Nash

Identifying best-fit type is key to apply type knowledge to self development. Cultural values and beliefs can make this process more complex. In this session, we will explore how Temperament and Interaction Style might help make this process more accurate.

Susan Nash is owner of EM-Power, Inc., founder of the Type Academy, and author of over 11 books, nine on Whole Type. In addition, she is a global speaker on psychological type and its applications in improving self-understanding, communication, and leadership effectiveness.



Back to Basics with Type Dynamics - Yvonne Nelson-Reid

Knowing your four-letter Myers-Briggs® type code is interesting and informative, but the real value comes through understanding type dynamics and development. Getting back to the basics with a review of the eight dominant processes is the focus of this presentation.

Yvonne Nelson-Reid, PhD, is a depth psychologist and MBTI® Master Practitioner in research and development at Myers & Briggs Foundation. Yvonne oversees all development and training for the MMTIC® instrument and is the Editor for PeopleStripes®.



How Can Type Thrive Against Prejudice? - Richard Owen with Dr Roy Childs, Prof. Leslie Francis, Dr Angelina Bennet, Dr Steve Myers, Snr Lecturer Ian Jenner.

Richard Owen leads a panel discussion of British psychologists and academics, discussing the conceptual and ideological factors involved in negative prejudice against the MBTI and personality type, and what we can do about it.

Former BAPT Trustee Richard Owen MSc PCC is a business psychologist and coach based in Brighton, UK. A broad theorist of Type: from Jung to MBTI®, to the depth typology of Dr John Beebe.



Let's Talk about Conflict - How to Manage Conflict Constructively - Catherine Stothart

Join this interactive session to find out how to apply the lenses of temperament and Interaction Styles to manage interpersonal conflict effectively. You will discover the CREDIT™ approach to managing conflict that you can use with your clients and in your own life.

Catherine Stothart MSc is a Leadership Coach with Airbus and Google. Her best-selling first book, How to Get On with Anyone, (Pearson, 2018), based on Interaction Styles, has sold 12000 copies and is translated into five languages. Her latest book, Motivation: The Ultimate Guide to Leading Your Team, (Routledge 2023) is based on Temperament.



Introduction to the Typology of Imaginal Figures - Vicky Jo Varner

This session surveys various models of psychological "parts," focusing on the multiplicity of inner structures that comprise a human psyche. These diverse parts manifest as imaginal figures related to Jung's typology, and attendees will consider their own parts' typologies.

As an individuation coach, certified PCC by the International Coach Federation, Dr. Varner coaches individuals to identify and develop their natural typological strengths. She has a PhD in Depth Psychology (Jungian and Archetypal) and wrote her dissertation on typology.



Personality Tools of The Future – Joel Mark Witt and Antonia Dodge

Discover how to balance cutting-edge AI innovation with the irreplaceable human touch in the evolving landscape of personality typology.

Joel Mark Witt and Antonia Dodge are podcasters, entrepreneurs, personal development coaches, and personality typology experts who have consulted with companies like Zappos, Oracle, Amazon, American Express, CNN, and many others.



Shifting Relationship Narratives with Type – Elena Wolf

Humans interact with the world based on internal stories and beliefs. Type can help us create better narratives to describe what is happening in our relationships. We can turn conflicts into opportunities for empathy when we use this more accurate lens of understanding.

Elena Wolf is a type alignment mentor and relationship coach. She has spent the past 9 years immersed in type theory and application, and the last 4 using type with clients to re-write the stories of their lives to find more ease, joy, and understanding.



Virtual Networking - Nathan Wong

The intention for these events is to help us forge new connections and deeper friendships within the BAPT community, and to continue to explore the conference themes.



Nathan runs Our Human Experiences, a group that promotes authenticity, belonging, and navigating life's paradoxes with the help of the functions. He creates and facilitates a variety of events, including speed friending, wellness firesides, trivia nights, and goal-getting sessions.